



PARENTS



MARCH 29 – April 2

Monday Mar 29	Tuesday Mar 30	Wednesday Mar 31	Thursday April 1	Friday April 2
E2/F1 School re-opens after Spring Break	E1/F2	E2/F1	E1/F2	Good Friday (school closed)



SPRING BREAK MESSAGE

As we head away for two weeks, we wanted to say thank you. Thank you to our students for following safety protocols, wearing masks, sanitizing, keeping good distance, and putting forth strong effort in your classes. Thank you, parents, for your support with this tricky year. We hope that you can get outdoors, enjoy the things that bring you joy, and have a safe and relaxing break!



TIME CHANGE

Daylight saving time 2021 in Canada will begin at 2:00 am on Sunday, March 14. Please remember to set your clock one hour ahead.

STUDENT WELLNESS TIP

It is always important to look after and take care of yourself, even more so during this extraordinary time of COVID-19.

Rest and Recover

As we near the end of the first half of Quarter 3 and the start of Spring Break, it is an opportune time to rest our busy minds and tired bodies. Use this downtime to rest and recover.

- get back into a good sleep routine; teens need 9-10 hours
- get outside for fresh air and physical activity/exercise
- find and do something that you enjoy

WHEN WE GET BACK...

Walk, Ride, Skateboard

How does your child get to school in the morning? With our improving weather, we hope to see fewer cars as students make healthy and environmentally friendly choices.

Graduation Literacy Assessment (GLA) – GR 10

On April 13th and 14th, all Grade 10 students will write the provincial GLA. The GLA is not based on a specific course, but on learning across multiple subjects. To help our students prepare for the exam, we will be offering an optional practice session on Zoom for April 6th and 7th at 10 am. More information about the GLA will be given out after Spring Break.

DATES TO REMEMBER

- March 15 – 26 – Spring Break
- March 29 – School re-opens after Spring Break
- April 2 – Good Friday
- April 5 – Easter Monday
- April 6 & 7 – Grade 10s: Optional GLA practice session on Zoom @ 10 am.
- April 9 – At Risk Interims emailed home
- April 13 & 14 – Gr 10 GLA