



May 6- May 10, 2019

Monday May 6	Tuesday May 7	Wednesday May 8	Thursday May 9	Friday May 10
Day 1	Day 2	Day 1	Day 2	Day 1
CANADIAN MENTAL HEALTH WEEK - MAY 6-12				
AP Mandarin Exam Learning Center Open Until 4 pm	AP Physics 1 Exam	AP English Lit & AP French Exam Learning Center Open Until 4 pm	AP Chem Exam	AP Physics 2 Exam Learning Center Open Until 4 pm

CANADIAN MENTAL HEALTH WEEK - MAY 6-12

During CMHA Mental Health Week, let's #GetLoud about what mental health really is. For the 68th year, Canadians in communities, schools, workplaces and the House of Commons have rallied around CMHA Mental Health Week.

Mental health is a state of well-being, and we all have it. We might have a mental illness, and we might not. Either way, we can all feel well. We can all have good mental health. It is about having a sense of purpose, strong relationships, feeling connected to our communities, knowing who we are, coping with stress and enjoying life. And it's never too early or too late to get there. But it's not just about what you do for yourself, by yourself—everyone needs healthy and supportive places to work, live and learn.

For more information, visit: <https://mentalhealthweek.ca/>

AP EXAMS (MAY 6-16)

AP exams are starting next week, and it's really important that students check their exam time and location. Students who are late to the exam may not be allowed entry. Good luck with your exams.



MCMATH MUSICAL THEATRE

McMath's Musical Theatre's production of Singin' In the Rain will be performed Monday, May 13th to Friday, May 17th. Tickets are \$10. You can buy them at the door, at lunch in the rotunda or from a musical theatre member. Doors open at 7 pm, show starts at 7:30pm. Don't miss out on this great show!

GRADE 11 GRAD TRANSITIONS

A friendly reminder that the 4th and final assignment is due on May 21st. If you need more information on the assignment please click the link below.

<https://mcmath.sd38.bc.ca/students/grade-11-grad-transitions/assignment-4>

LEARNING CENTER—AFTER SCHOOL SUPPORT

This is a great way for students to get some extra support and to start the third term with structure and discipline. We encourage students to take advantage of these opportunities for extra support!

DATES TO REMEMBER

- May 6-16: AP exams
- May 13-16: Musical Performance – Singin' in the Rain
- May 15: Gauss Math Contest
- May 16: At Risk Term 3 Interim Sent Home
- May 17: Pro D – No School

THE WILDCAT WAAG