



THE WILDCAT WAAG

FAMILY WAAG FEBRUARY 20 – FEBRUARY 24, 2023

Monday Feb. 20	Tuesday Feb. 21	Wednesday Feb. 22	Thursday Feb. 23	Friday Feb. 24
Family Day School Closed	PLT – EFGH Grade 8 & 9 Course Requests due in MyEd 7pm PAC Meeting	CT – EFGH Collaboration Day (late start) Pascal, Cayley & Fermat Math Contests Pink Shirt Day	PLT – EFGH	EFGH

PERSONAL LEARNING TIME

We encourage students to review the PLT schedule posted on the McMath website on Monday to plan their PLT on Tuesday and Thursday. PLT is designed to provide extra learning support for all students in all subject areas.

PAC MEETING: February 21

Join our PAC for at the next meeting on February 21. See the attached agenda for topics to be covered.

PINK SHIRT DAY: February 22

Why Pink Shirts? In 2007, two classmates in Nova Scotia saw a fellow student being bullied for wearing a “pink shirt,” so they decided to take a stand against the bully. They wore pink shirts to school the next day and started a worldwide movement.

Regardless of the amount of bullying people have been exposed to, they remember it. The science of the brain tells us that an individual is more likely to remember bad events with greater detail than good ones. The areas of the brain responsible for the formation of memories are triggered and have increased activity when individuals experience fear or sadness.

Memories of bullying are preserved in greater detail than happy or neutral memories. We have all done thousands of things the “right way,” but we remember the few things we did wrong so much easier because of the way the human brain has evolved. And so, it does not matter if an individual thinks bullying is wrong. What matters is when you see bullying, you stand up and try to put an end to it, each and every time you see it, read it, hear it, because even one episode of bullying can last a lifetime.

Helping a child stop their bullying acts, helping a bullied child find closure, helping a child acknowledge what happened, and helping a child focus on taking care of themselves and growing as a person – these are the goals of Pink Shirt Day. If you turn and look the other way when someone needs help, you might as well be the bully too. Whether it’s sending a check-in text, calling out bullying behaviour when you see it, telling a McMath staff member, or simply offering your support, there are so many ways we can all help and connect. Let’s life each other up this Pink Shirt Day, and all year round!

INDIGENOUS COURSE REQUIREMENT

The Indigenous-focused graduation requirement involves secondary students completing 4-credits of Indigenous-focused coursework to graduate. This new requirement provides an opportunity for students to develop a deeper understanding of the cultures, histories, contemporary contexts, and perspectives of Indigenous peoples of BC. The requirement will come into effect for the 2023-2024 school year. See attached flyer for more information.

FEBRUARY IS BLACK HISTORY MONTH IN CANADA

During Black History Month, Canadians celebrate the many achievements and contributions of Black Canadians and their communities who, throughout history, have done so much to make Canada a culturally diverse, compassionate, and prosperous country.

DROP OFFS AND PICK UPS

We are glad so many of our students are getting to school under their own power – mostly walking or biking. This is a great way to save on fuel. If your child needs to be dropped off or picked up, please do not use the neighboring town house complex area. This will really help our neighbours with traffic congestion. Thank you.

MCMATH ALUMNI – JOB OPPORTUNITY: RICHMOND MUSEUM

The Richmond Museum invites applications for a responsible, enthusiastic, and creative **Spring Break Camp Leader** to deliver the Junior Curators Spring Break Camp from March 13-17, 2023, for up to 12 children ages 6-8.

Erase PARENT SESSIONS ON ESTABLISHING RESPECTFUL RELATIONSHIPS AND CONSENT: February 27 & March 8

erase is providing two virtual learning sessions on February 27th and March 8th for parents/caring adults focused on Establishing Respectful Relationships and Consent. These sessions are best suited for parent/caring adults of students in Grade and above. See schedule for more information:

<http://www.bced.gov.bc.ca/bulletin/20230210/erase-student-and-parent-sessions.pdf>

VOLUNTEER OPPORTUNITY: CITY OF RICHMOND: March 4 – 12

The World Wheelchair Curling Championship and World Wheelchair Mixed Doubles Curling Championship 2023 will be held at the Richmond Curling Centre (5540 Hollybridge Way) from March 4-12, 2023.

The City is looking for event support volunteers who are 16+ years old to help the event organizers and their leadership volunteers.

The City has approximately four shifts per day from March 4-12th. All volunteers will be provided event t-shirts. All volunteers will be invited to an on-site orientation before the event. For more information, go to: <https://tinyurl.com/479vau5a> or email Ryan at curling@richmond.ca.

DATES TO REMEMBER

- Feb 20: Family Day (School Closed)
- Feb 21: PAC Meeting (7pm)
- Feb 22: Pink Shirt Day
- Feb 28: Grades 10 & 11 Course Requests due in MyEd
- Mar 9: Semester 2 Interim Reports
- Mar 10: Last day before Spring Break
- Mar 13-24: Spring Break
- Mar 25: Earth Hour (8:30pm)
- Mar 27: School Reopens