



THE WILD CAT WAAG

FAMILY WAAG MAY 08 – MAY 12, 2023

Monday May 08	Tuesday May 09	Wednesday May 10	Thursday May 11	Friday May 12
FEHG AP Calculus Exam Gr. 9/10 Immunization Clinic Spirit Week: Jersey Day	PLT – FEHG AP English Language & Composition Exam Law 12 Field Trip to Provincial Court Spirit Week: Twin Day	Connexions – FEHG Connexions Class with Block E Teacher AP Biology Exam Spirit Week: Pink Day	PLT – FEHG AP French & Physics 1 Exam Lunch: Pep Rally! Spirit Week: McMath	FEHG AP Physics 2 Exam Lunch: Pep Rally! Spirit Week: Colour Wars

PERSONAL LEARNING TIME

We encourage students to review the PLT schedule posted on the McMath website on Monday to plan their PLT on Tuesday and Thursday. PLT is designed to provide extra learning support for all students in all subject areas.

ADVANCED PLACEMENT EXAMS

Students signed up to write Advanced Placement Exams, please see the attached schedule. It is the student's responsibility to organize their own transportation to and from and exams that are offsite.

2022-2023 STUDENT FEES

A friendly reminder that all required student fees must be paid by June. Students who have purchased a yearbook must have all fees paid to receive it. Please see Ms. Jang, Business Assistant, if you have any questions or concerns.

BC SPEAK SURVEY TO HELP IMPROVE THE HEALTH OF OUR COMMUNITY

A message from your public health nurse – Please consider taking the time to do the BC SPEAK Survey to help improve the health of our community. This survey is available in 10 different languages. Please get everyone you know who is 18 years of age or older to take part in this survey so we can have the best picture of how our community is doing. To take the survey, go to: <https://tinyurl.com/yc7haef7>

HOLDING ONTO OUR KIDS IN A DIGITAL WORLD WITH DEBORAH MACNAMARA

As part of Mental Health Week, Dr. Deborah MacNamara led a virtual session for parents, guardians, and caregivers on **Holding Onto Our Kids in a Digital World** this past Tuesday. The presentation is available until May 16, 2023. *Please note, the presentation is tailored for an adult audience, not children.*

“As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids – and then we had to add a pandemic on top of it! How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour – including screen time!”

Dr. Deborah MacNamara is the author of Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one), and her children's picture book, The Sorry Plane. She is on Faculty of at the Neufeld Institute and Director of the counselling practice, Kid's Best Bet.

Presentation: <https://tinyurl.com/2p83sz5c>
Passcode: 0vd1y^B&

SUMMER LEARNING 2023

Summer Learning 2023 Registration is starting up very soon. It is advised that parents/guardians create an account ahead of time for each of their children. Instructions on how to register can also be found on the website (www.RichmondCE.ca).

- **Secondary Enrichment and Secondary Camps** – registration starts at 4pm Monday, May 1-3.
- **Full Credit Grade 10-12** – registration starts at 4pm Monday, May 8 until May 10.

The **Summer Learning 2023 Catalogue** can be found at: <https://tinyurl.com/6829fvdt>

PARENTS/CAREGIVERS OF GRADE 10 & 11 STUDENTS – WE NEED YOU!

We are less than two months away from Dry Grad 2023. Our inclusive grad celebration runs from 11:30pm on June 27 to 5:30am on June 28.

It's especially important that parents/caregivers of students in Grades 10 and 11 play a role in this year's planning and organizing. Why? Because next year this event falls on you to plan and organize. Helping at this year's event will provide you with a crash course in what this event looks like and how to begin planning it for June 2024.

So come help us host a party that our 2023 grads won't forget! Copy and paste the URL into your browser and sign up for a volunteer shift: <https://www.signupgenius.com/go/9040c4bafaa29a7fd0-dryafter#/>

We are in need of the most helping hands in the following positions:

- 3 food attendants needed (3-5:30am on Wed., June 28)
- 26 decorators needed (two shifts on Mon., June 26 12 noon – 4pm & 5-10pm)
- 5 women's changeroom attendants (Tues., June 27 from 11pm – 12:30am)
- 4 men's changeroom attendants (Tues., June 27 from 11pm – 12:30am)

Any questions? Please connect directly with Trudi Beutel, trudi.beutel@telus.net. We look forward to working with you to make the 2023's McMath DAG the best one yet!

DATES TO REMEMBER

- May 1-12: Advanced Placement Exams
- May 8: Gr. 9 & 10 Immunization Clinic
- May 10: Connexions Class (with Block E teacher)
- May 11: ADST 8 Rotation 3
- May 14: Mother's Day
- May 16: PAC Meeting (7pm)
- May 18: Spring & Fine Arts Showcase Night (7pm)
- May 19: Pro-D Day (school closed)

École Secondaire R.A. McMath Secondary School

4251 Garry St., Richmond, BC V7E 2T9 | Ph: 604.718.4050 | Early warning: 604-718-4004 | E: mcmath@sd38.bc.ca | W: mcmath.sd38.bc.ca | Follow Us on Twitter & Instagram!