

FOR RICHMOND FAMILIES

Connect & Learn

IN PERSON EVENTS FOR PARENTS & CAREGIVERS
IN RICHMOND

Emotion Regulation

Speaker: Nicole Allen, Clinical Counsellor

Tuesday, May 14
9:15am - 10:30am
Grauer School Library

Join us to watch a 40-minute video with an expert speaker and to talk with other families about what helps. Hosted by Family Peer Support Workers.

Registration Required: familysmart.ca/events

Questions? richmond@familysmart.ca / 604-607-9570

